

# Comprehensive Report Contents

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## 1.0| Introduction

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This report is compiled using Computational Fluid Dynamics (CFD) tools. CFD is a division of fluid mechanics that employs the techniques of numerical analysis to find solutions to problems involving fluid flow, and as such should be regarded as an engineering tool alone and not a medical tool. This report does not contain medical claims.

CFD can be used to analyse airflow parameters such as air pressure, air velocity, air distribution and many more airflow characteristics in the nasal cavity. It is suggested that such parameters are evaluated by a medical specialist to identify the causes, if any, of nasal obstruction, bearing in mind that CFD although accurate, presents margins of error. Sinuflow advises to always accompany this study with thorough physical examinations including nasal endoscopy.

Sinuflow uses a patent pending method to analyse airflow distribution in different partitions of the nasal cavity. Studies suggest that nasal obstruction can be caused by localised abnormalities in airflow rather than a complete lack of airflow in the entire nasal cavity. This highlights the need to investigate airflow parameters in different sections of the nasal cavity separately.



## 2.0| Patient Nasal Airway Anatomy

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### 2.1| Nasal Airway Anatomy

A 3D reconstruction of the nasal anatomy allows doctors to visualise all areas of the nasal cavity some of which are not easily accessible through conventional methods due to narrow nasal passages. Nasal airway reconstruction often provides an effective way to visualise nasal abnormalities such as nasal valve stenosis, deviated septum, nasal polyps and many more. Note in the figures below sinuses are excluded for clarity.

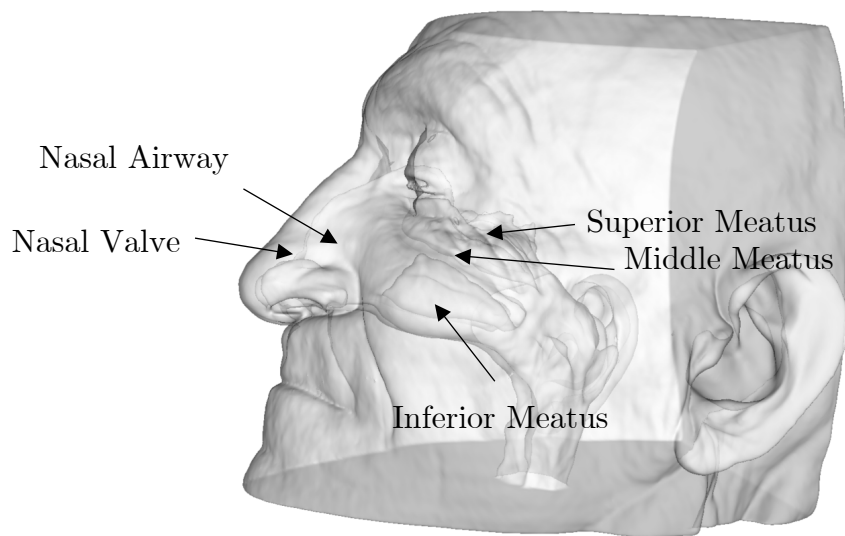


Figure 2.1.1: Reconstruction of nasal airway including face

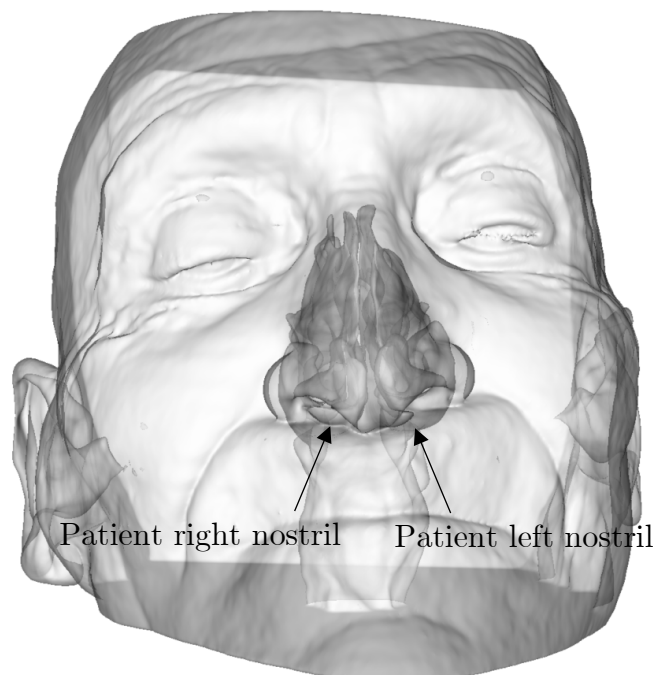


Figure 2.1.2: Reconstruction of nasal airway frontal view including face



Figure 2.1.3: Reconstruction of nasal airway frontal view

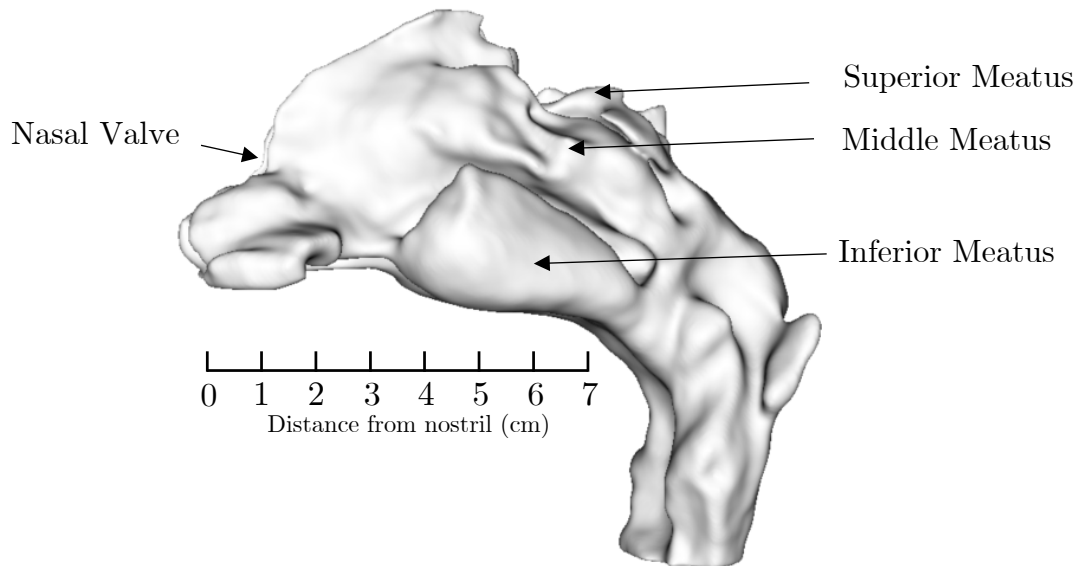


Figure 2.1.4: Reconstruction of nasal airway sagittal view (left airway)

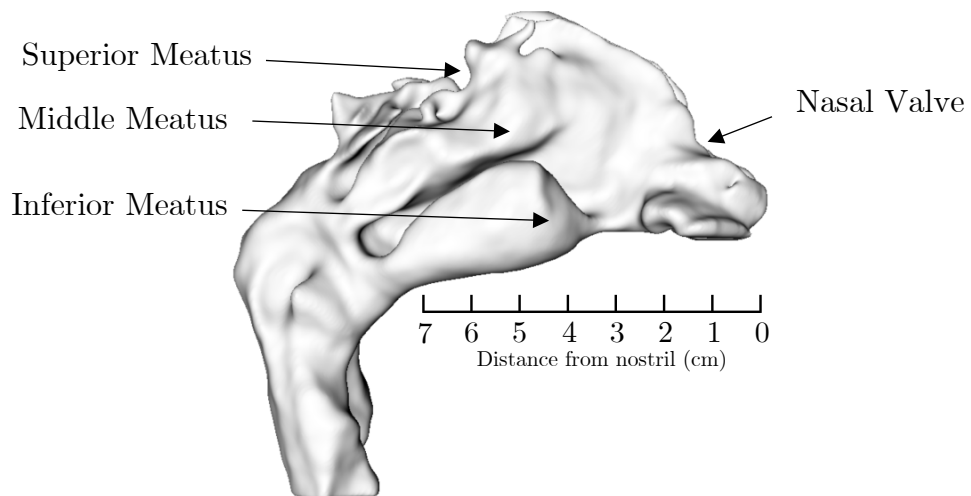
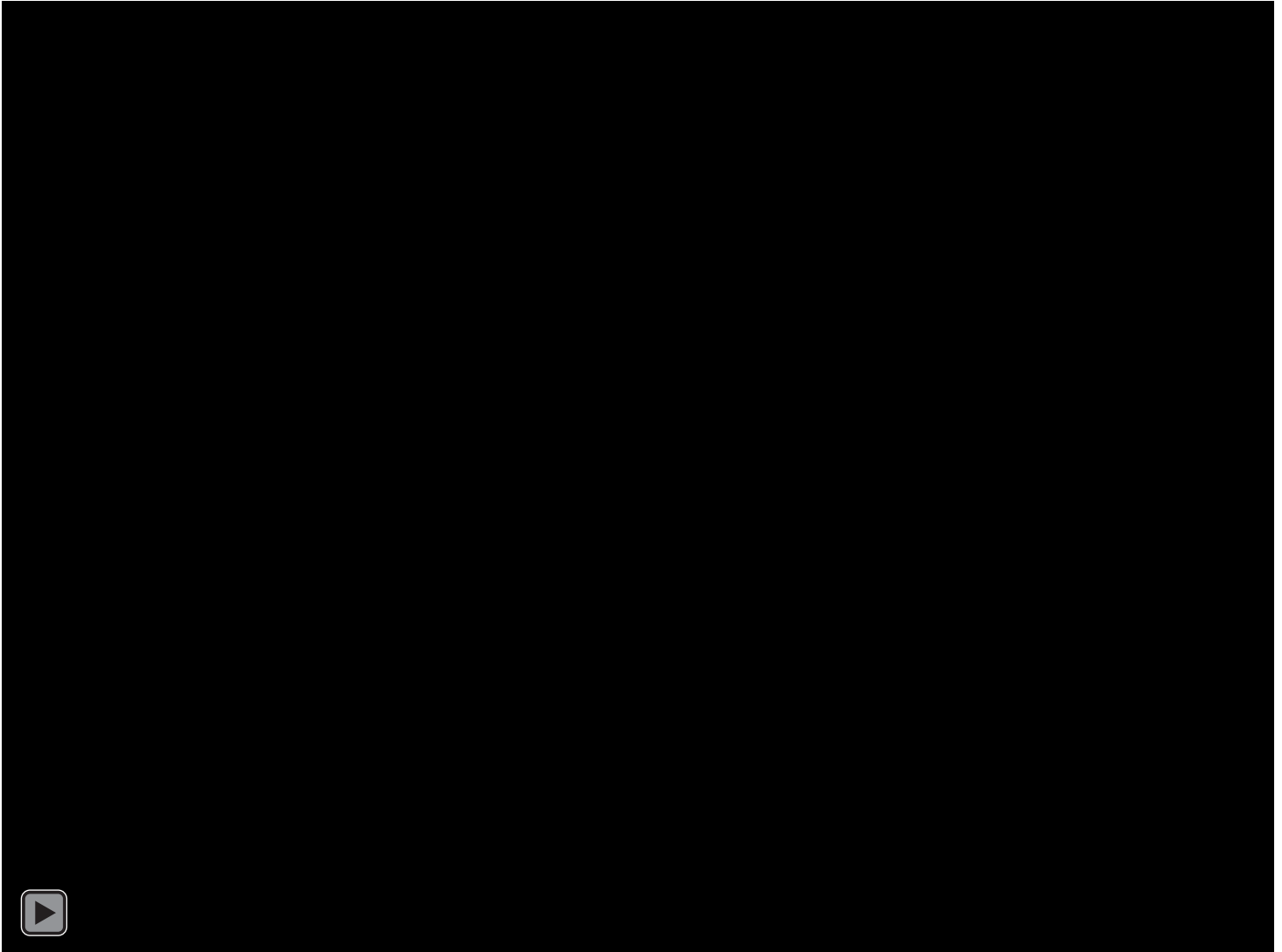


Figure 2.1.5: Reconstruction of nasal airway sagittal view (right airway)

## 2.2| Nasal Airway Video



## 3.0| Airflow

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### 3.1| Airflow Streamlines

Airflow streamlines provide a visual image of the airflow in the nasal cavity. Generally, in a healthy nasal cavity, streamlines are uniformly distributed. Uniformly distributed streamlines ventilate the inferior, middle and superior meatus alike. In unhealthy nasal cavities streamlines are localised in few areas leaving other areas unventilated.

#### 3.1.1| Left Airway

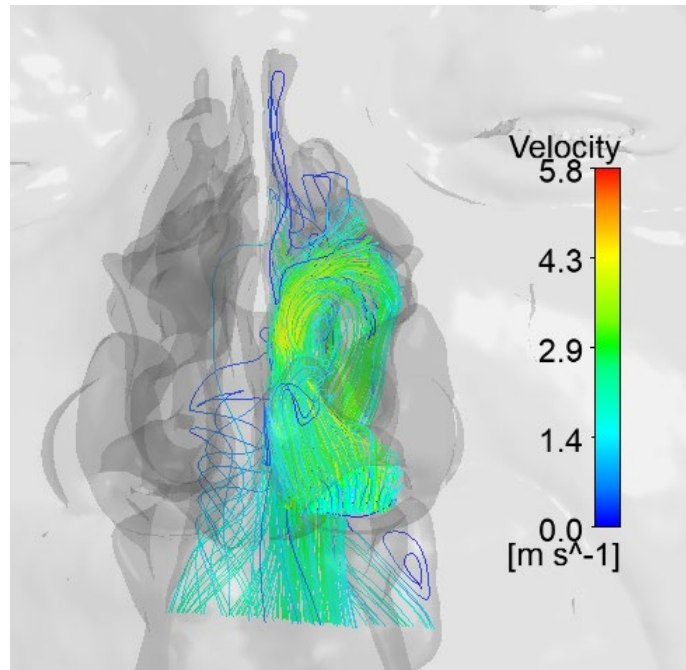


Figure 3.1.1.1: Coronal view streamlines (left airway)

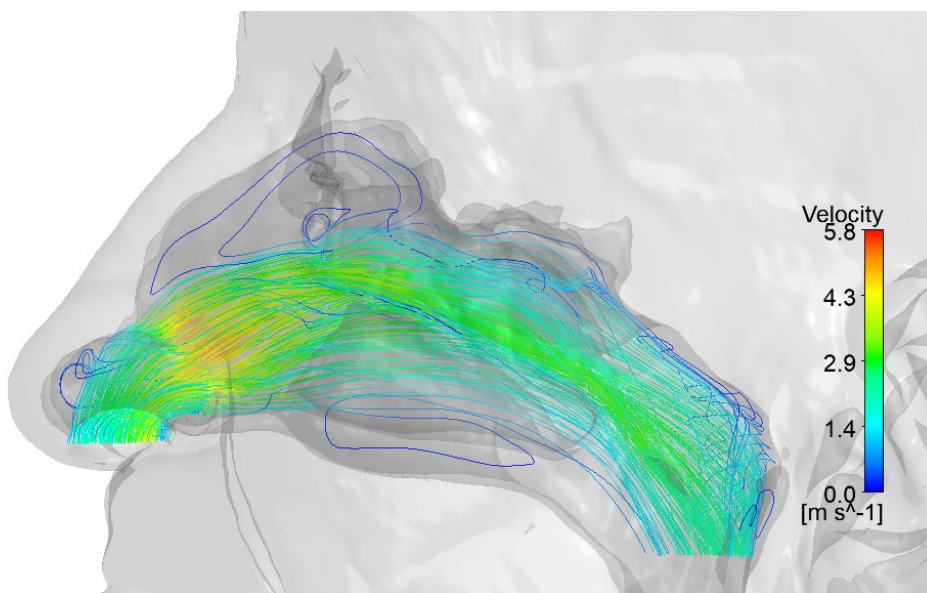


Figure 3.1.1.2: Sagittal view streamlines (left airway)

### 3.1.2| Right Airway

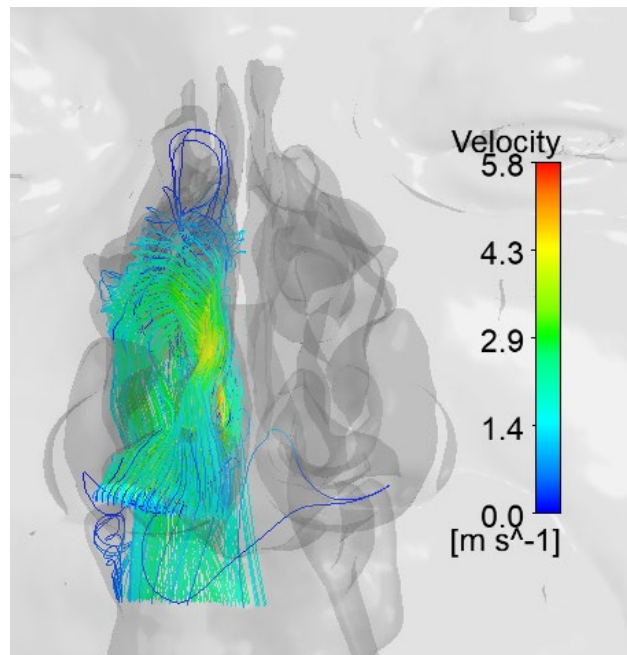


Figure 3.1.2.1: Coronal view streamlines (right airway)

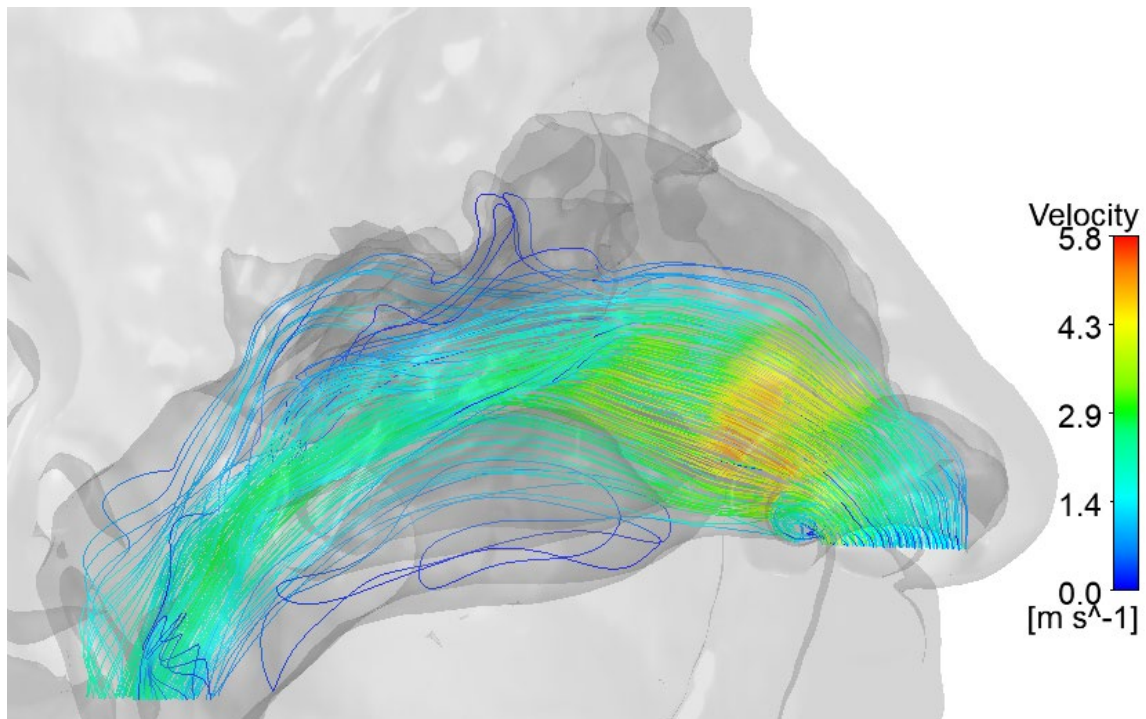


Figure 3.1.2.2: Sagittal view streamlines (right airway)

### 3.2| Airflow Distribution

Sinuflow uses a patent pending method to divide the nasal cavity in 5 partitions. This is done to analyse the airflow distribution in each partition. As a rule of thumb, due to the parabolic airflow in healthy individuals, at a distance of 3cm to 5cm from the nostril, airflow in partitions  $h_1$ ,  $h_2$  and  $h_3$  generally is between 1L/min to 5L/min each. Airflow in partition  $h_4$  is generally between 1L/min to 3L/min, and airflow in partition  $h_5$  is generally between 0.2L/min to 0.5L/min. This can vary from individual to individual but if any partitions is ventilated by airflow well above or well below the indicated amounts nasal endoscopy is suggested.

#### 3.2.1| Nasal Cavity Partitioning

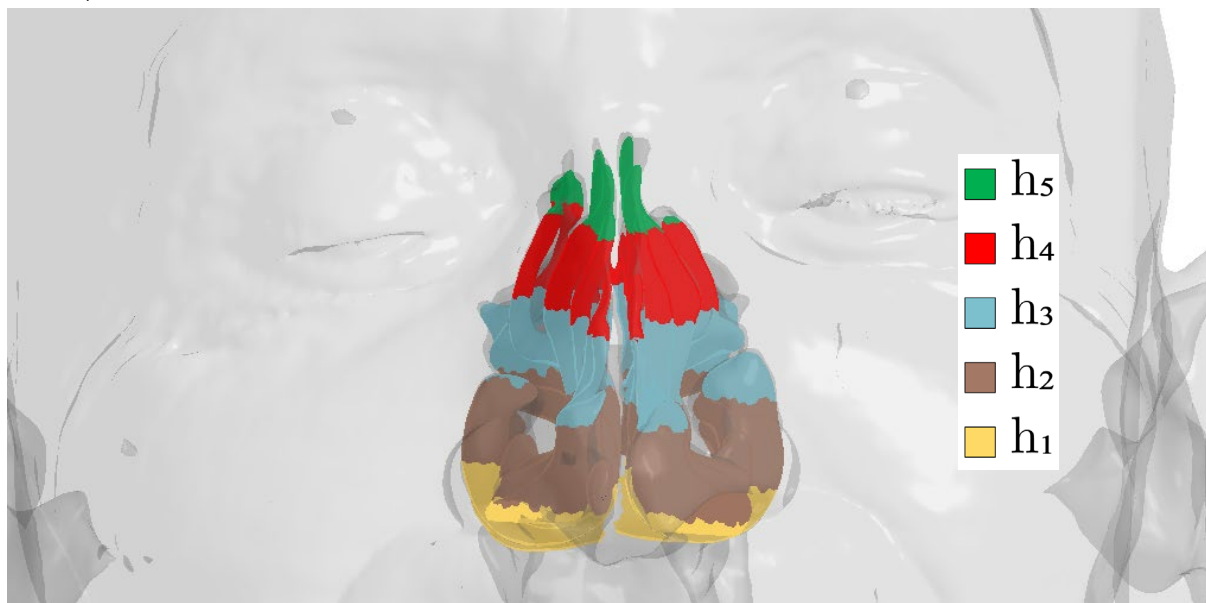
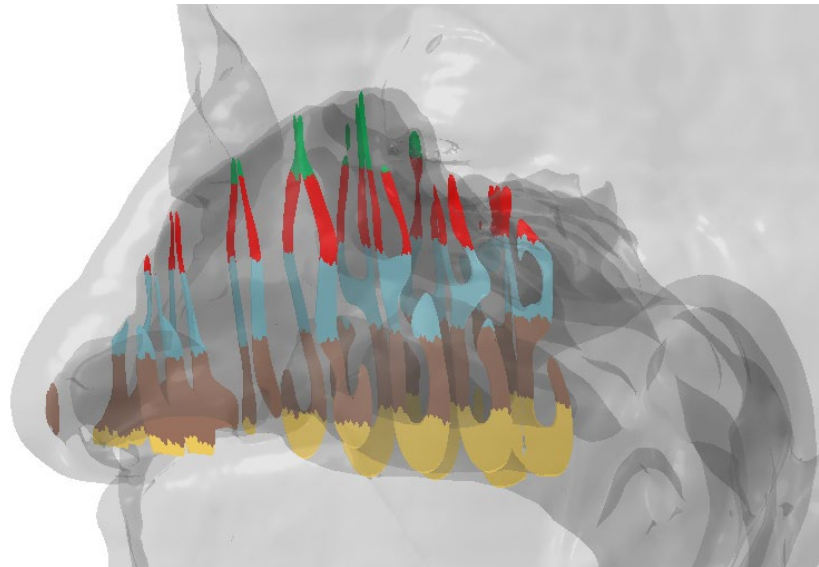
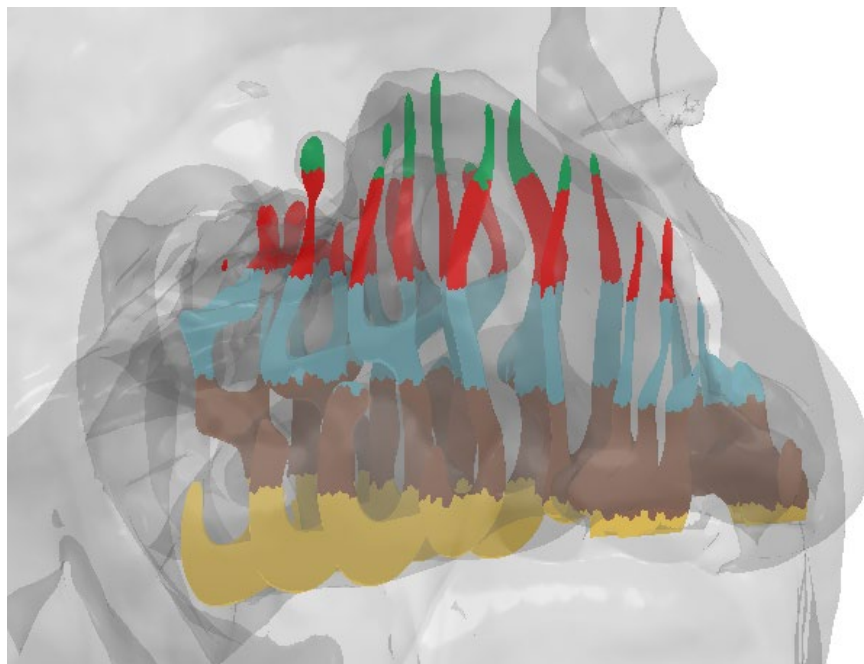


Figure 3.2.1.1: Nasal cavity partitioning frontal view



- h<sub>5</sub>
- h<sub>4</sub>
- h<sub>3</sub>
- h<sub>2</sub>
- h<sub>1</sub>

Figure 3.2.1.2: Nasal cavity partitioning side view (left airway)



- h<sub>5</sub>
- h<sub>4</sub>
- h<sub>3</sub>
- h<sub>2</sub>
- h<sub>1</sub>

Figure 3.2.1.3: Nasal cavity partitioning side view (right airway)



### 3.2.2| Airflow Distribution (Absolute)

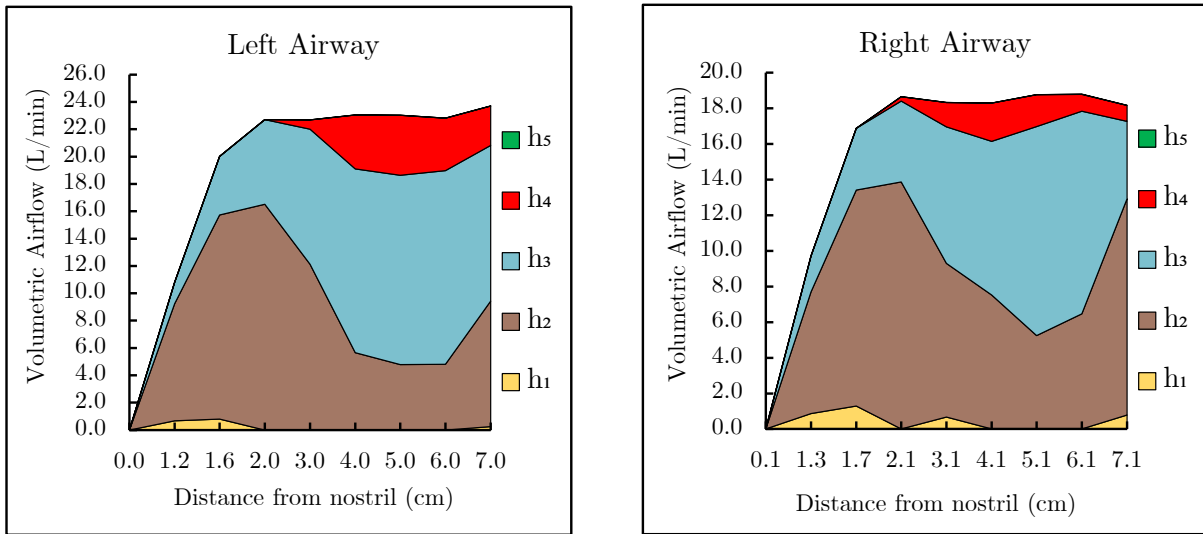


Figure 3.2.2.1: Nasal airflow distribution (absolute)

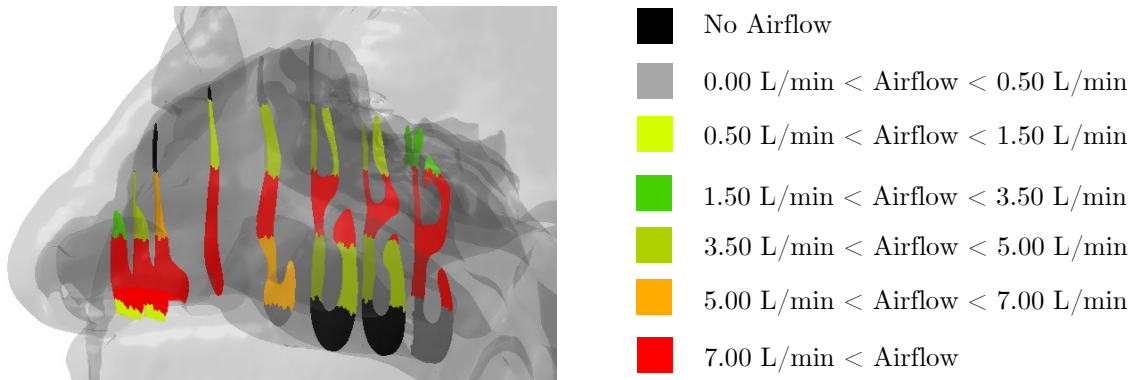


Figure 3.2.2.2: Nasal airflow distribution (left airway)

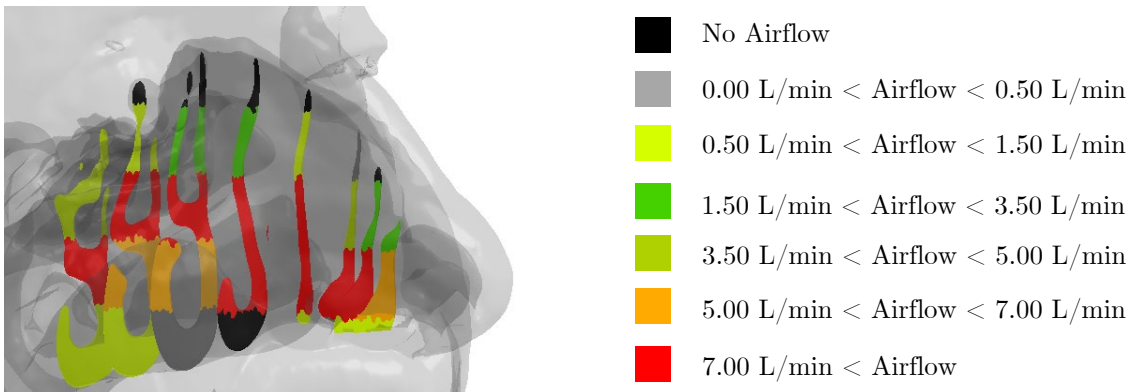


Figure 3.2.2.3: Nasal airflow distribution (right airway)



### 3.2.3| Airflow Distribution (Percentage)

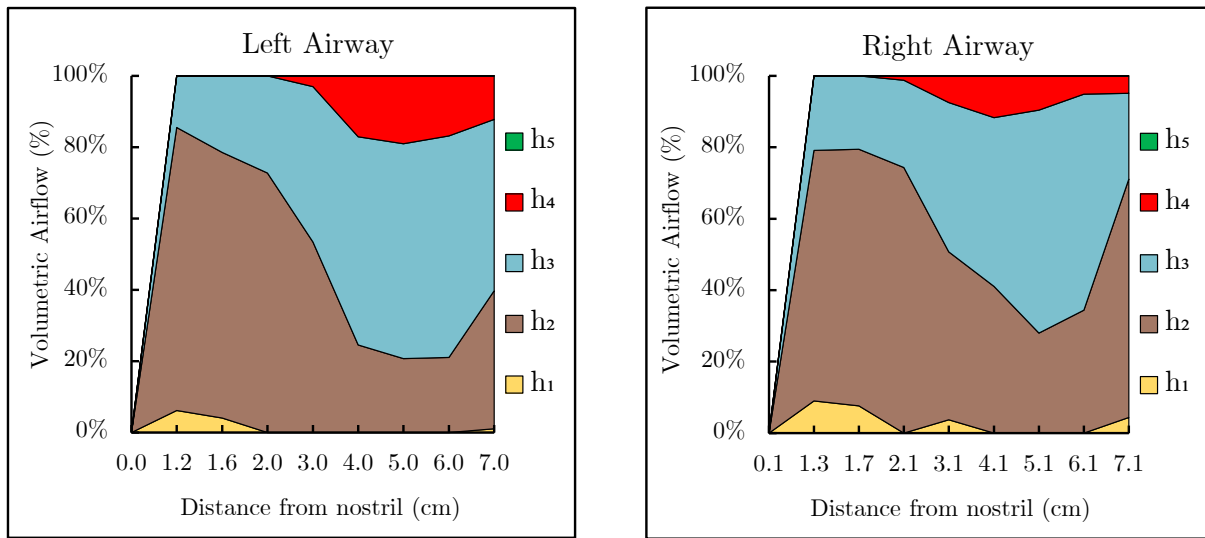


Figure 3.2.3.1: Nasal airflow distribution (percentage)

## 4.0| Area

### 4.1| Area Distribution (Absolute)

The area of each partition is analysed. Area is often the limiting flow factor at the nasal valve (around 1cm to 2cm from the nostrils). A very small area at the nasal valve can be a cause of obstruction and nasal valve stenosis. However small airspace can also be caused by other conditions such as turbinate hypertrophy and other factors. Nasal endoscopy should be performed to verify the presence or lack thereof of any abnormality.

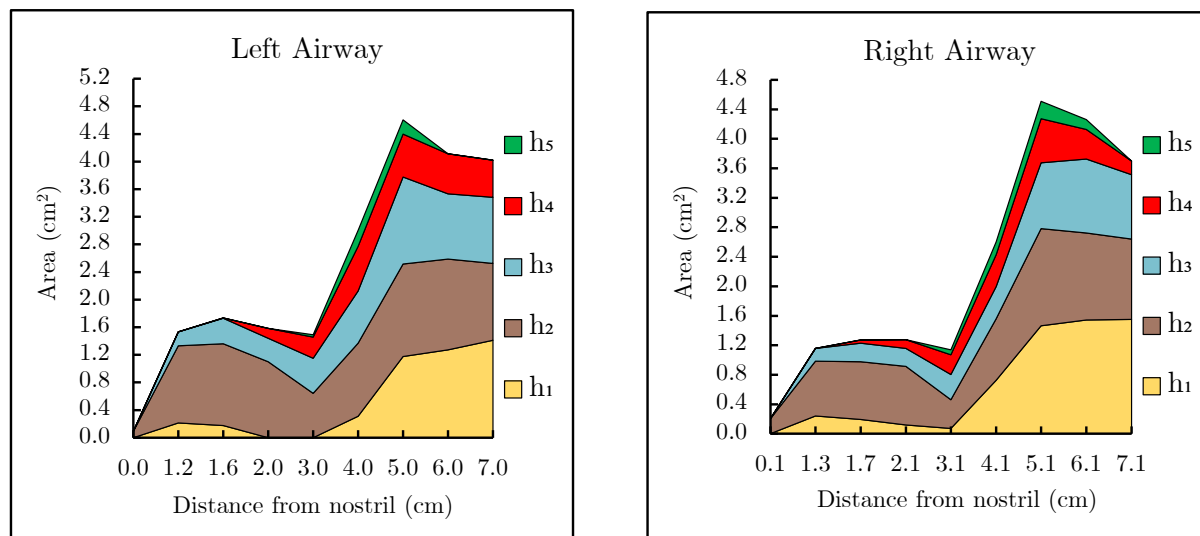


Figure 4.1.1: Coronal area by partition (absolute)

### 4.2| Area Distribution (Percentage)

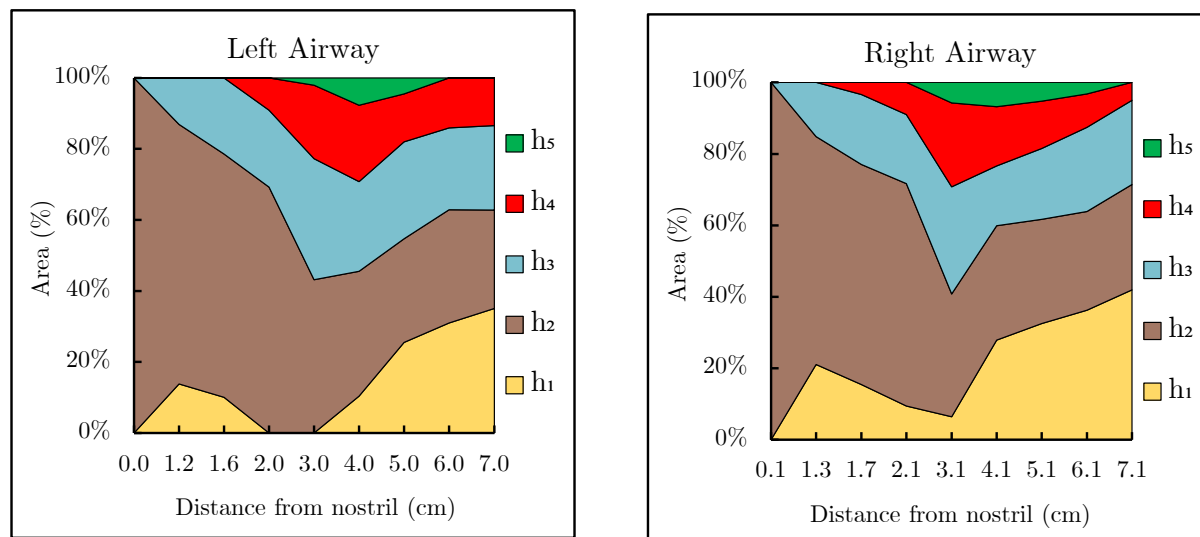


Figure 4.2.1: Coronal area by partition (percentage)

## 5.0| Velocity

### 5.1| Velocity Distribution

The air velocity in each partition is analysed. Low velocity can either be an indicator of obstruction and poor ventilation or of excessive area due to turbinate atrophy or resection. However other factors may be involved.

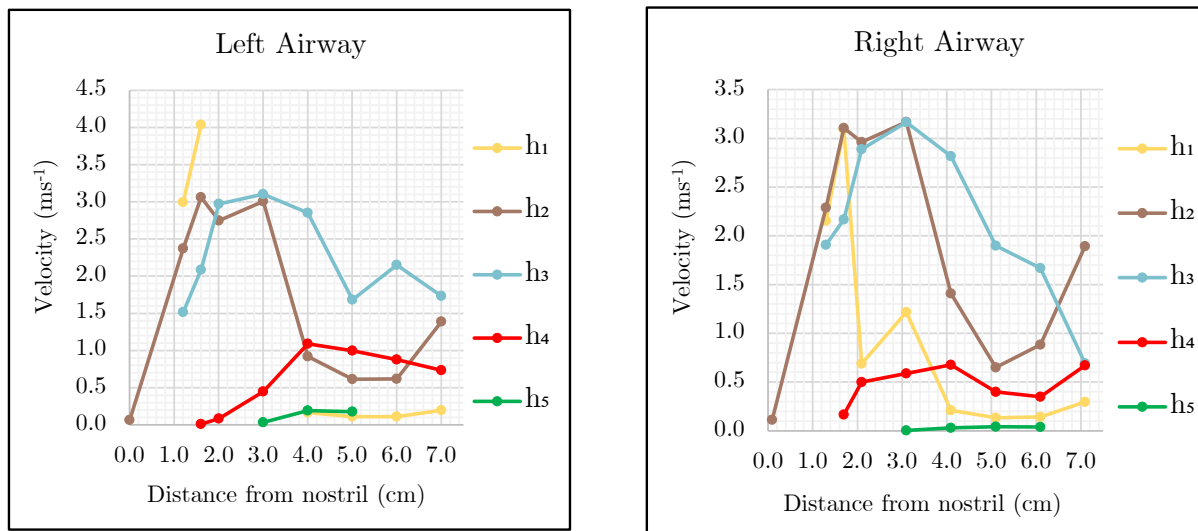


Figure 5.1.1: Velocity by partition

### 5.2| Velocity (Average)

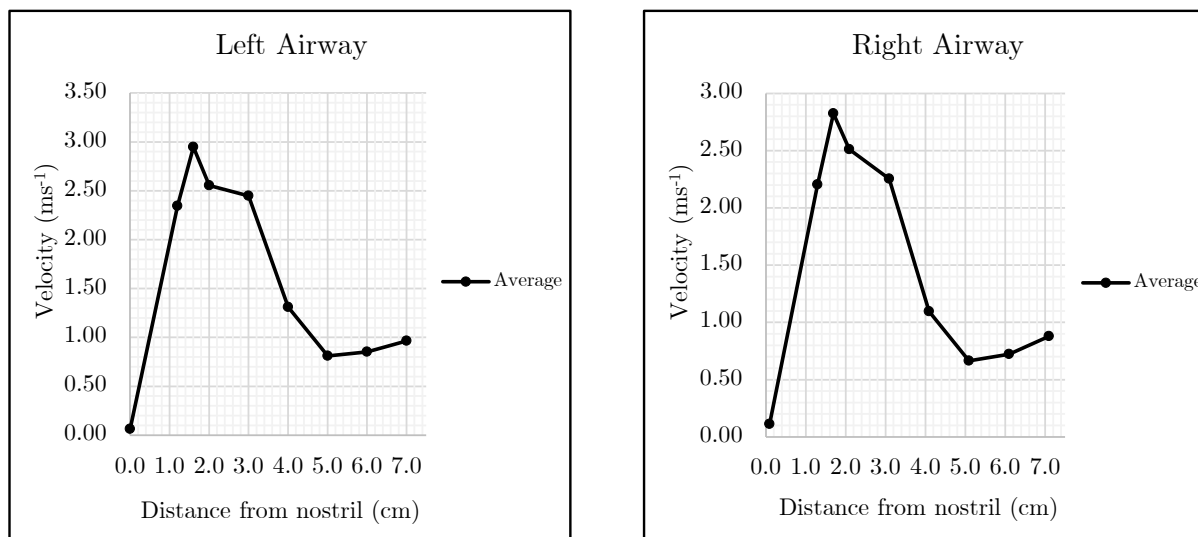


Figure 5.2.1: Average velocity of all partitions

### 5.3| Velocity Field

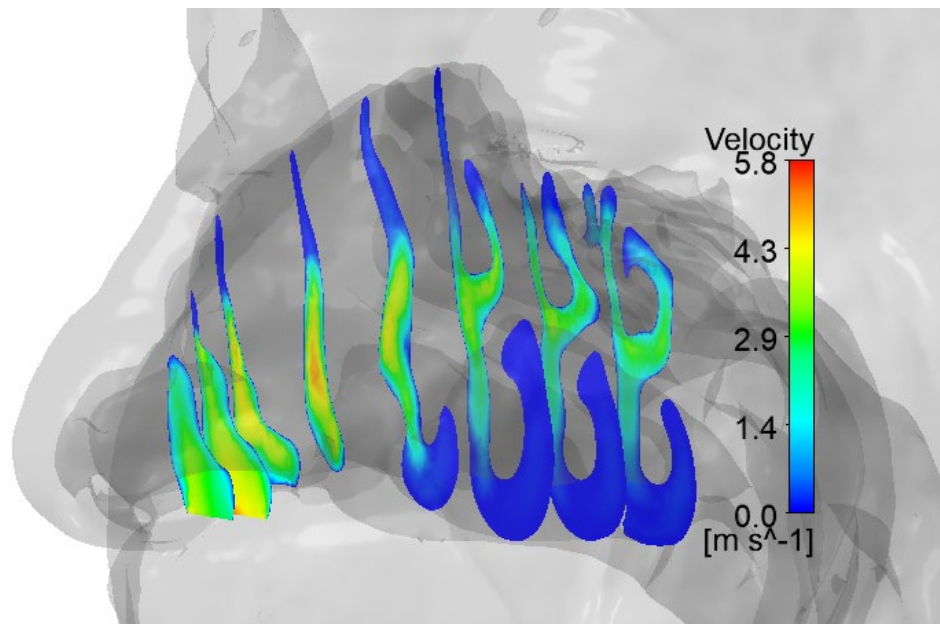


Figure 5.3.1: Velocity field (left airway)

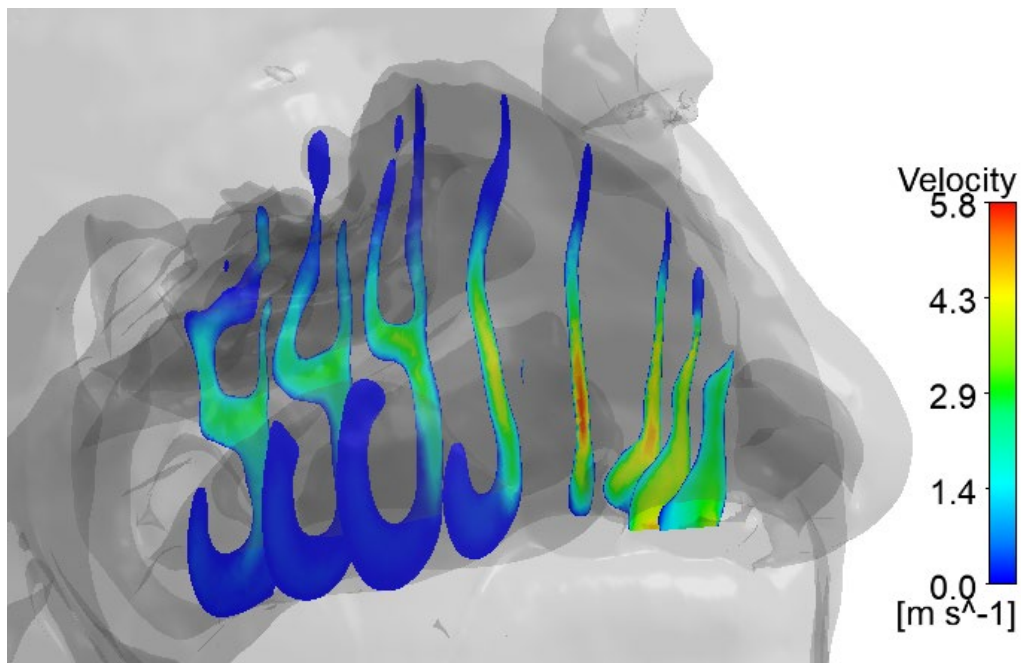
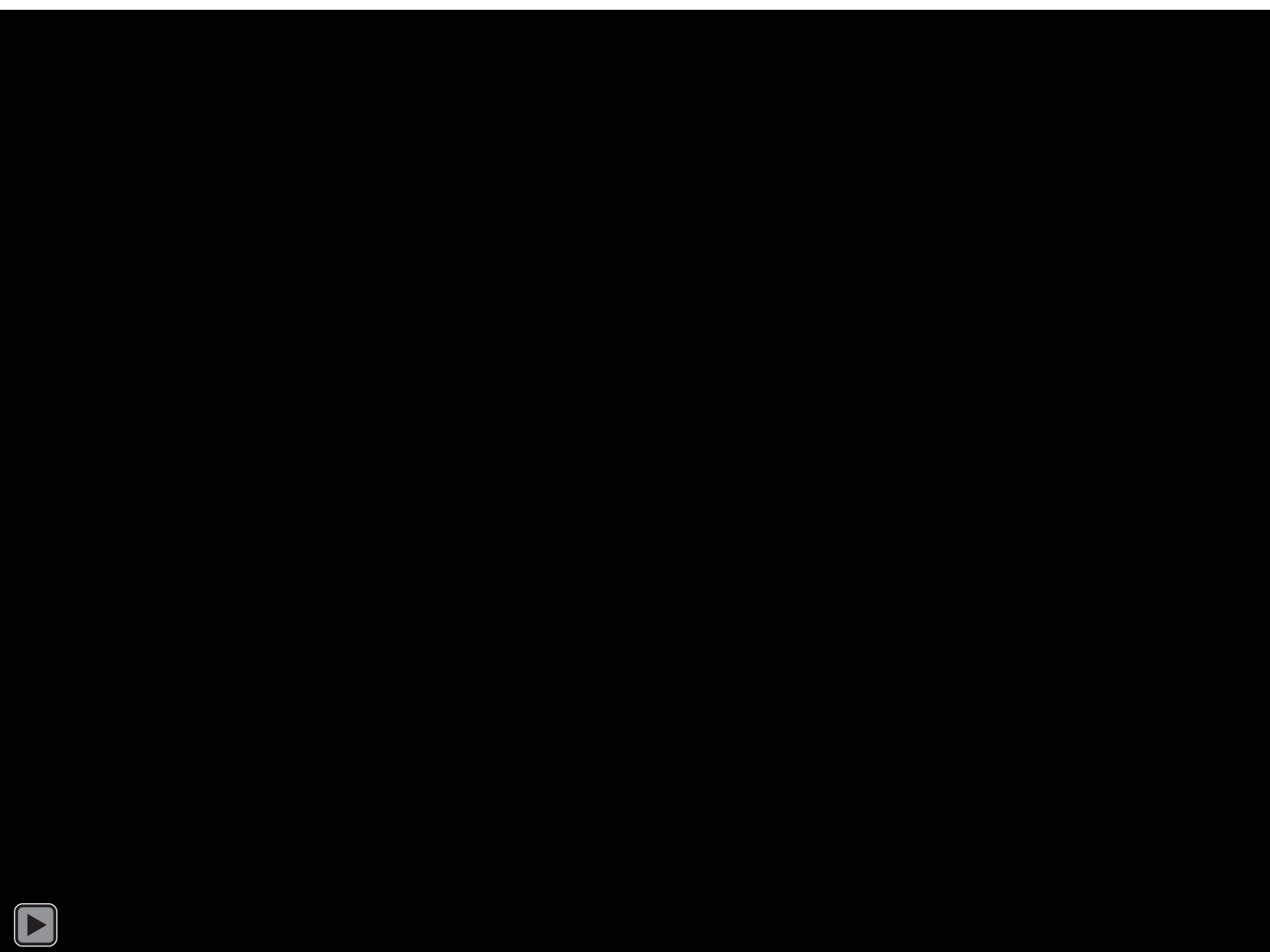


Figure 5.3.2: Velocity field (right airway)

## 5.4| Velocity Field Video



## 6.0| Pressure

### 6.1| Pressure Distribution

In healthy nasal cavities there is a gradual decrease in pressure between the nostrils and the pharynx. Generally, if obstruction is present, it causes a sharp pressure drop, however this may vary. Note that gauge pressure is quoted. Gauge pressure is the difference between atmospheric pressure and the pressure in the nasal cavity. As air enters the nasal cavity it is at the same pressure as atmospheric pressure. As pressure reaches the pharynx where pressure is lower than atmospheric pressure, pressure decreases.

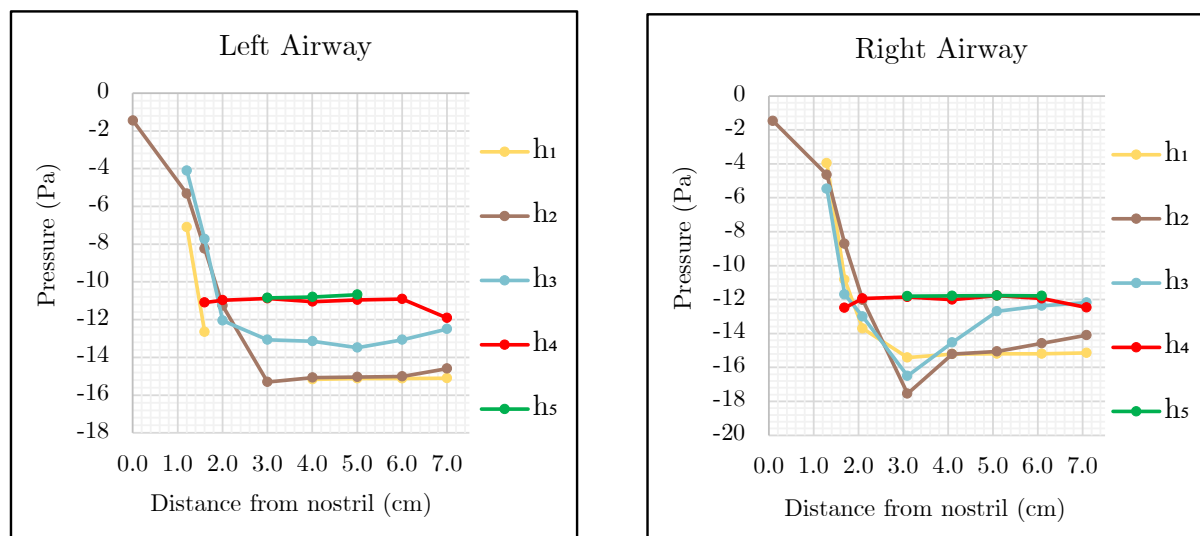


Figure 6.1.1: Pressure by partition

### 6.2| Pressure (Average)

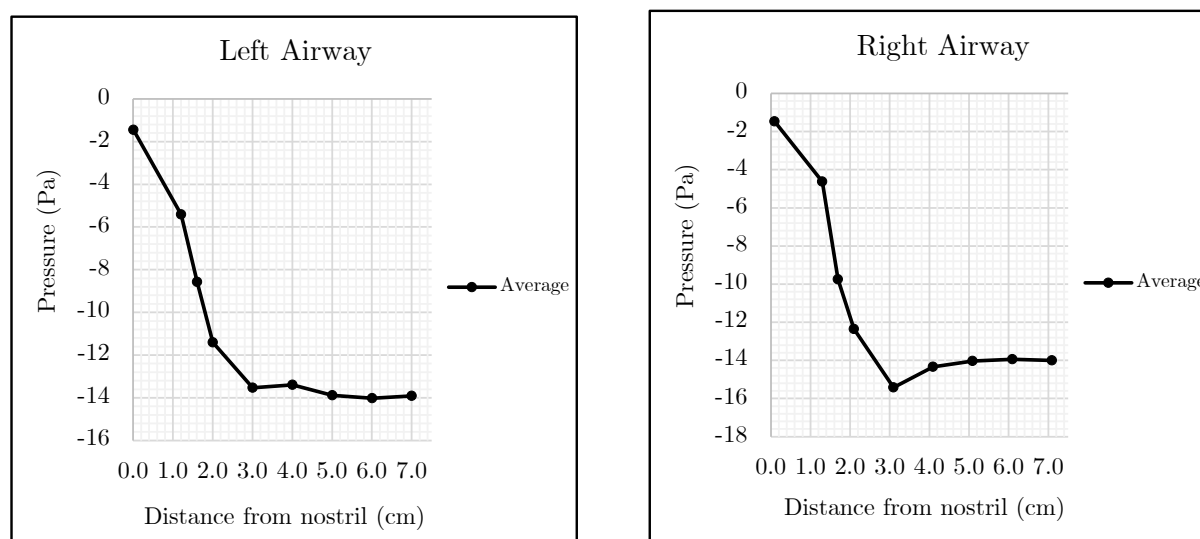


Figure 6.2.1: Average pressure of all partitions

### 6.3| Pressure Field

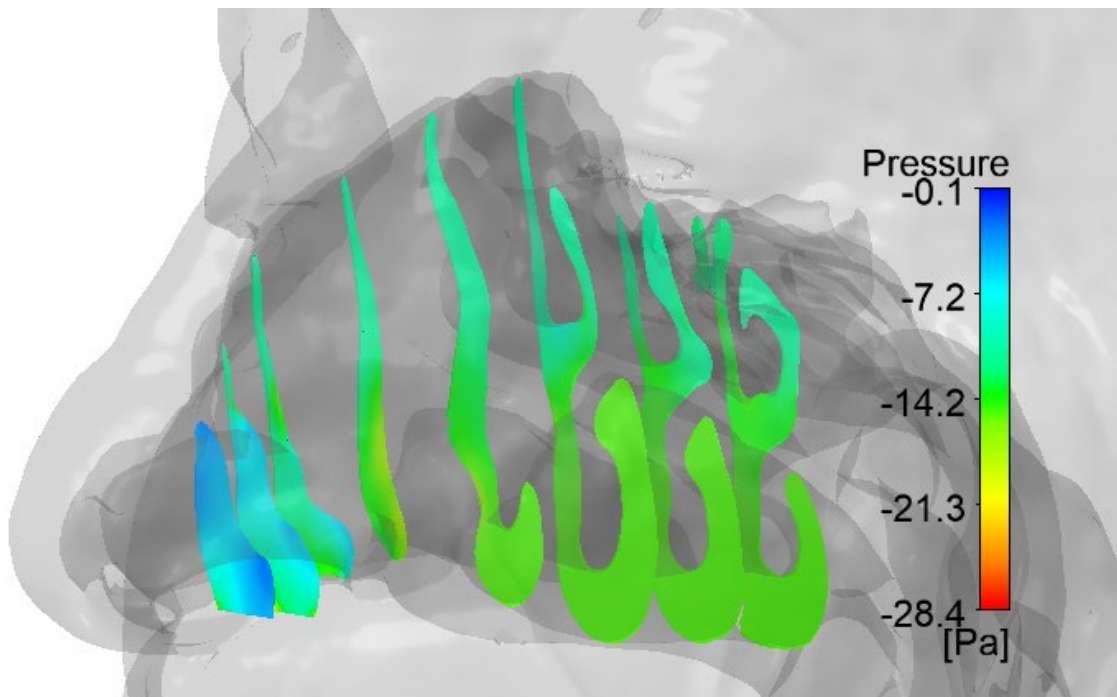


Figure 6.3.1: Pressure field (left airway)

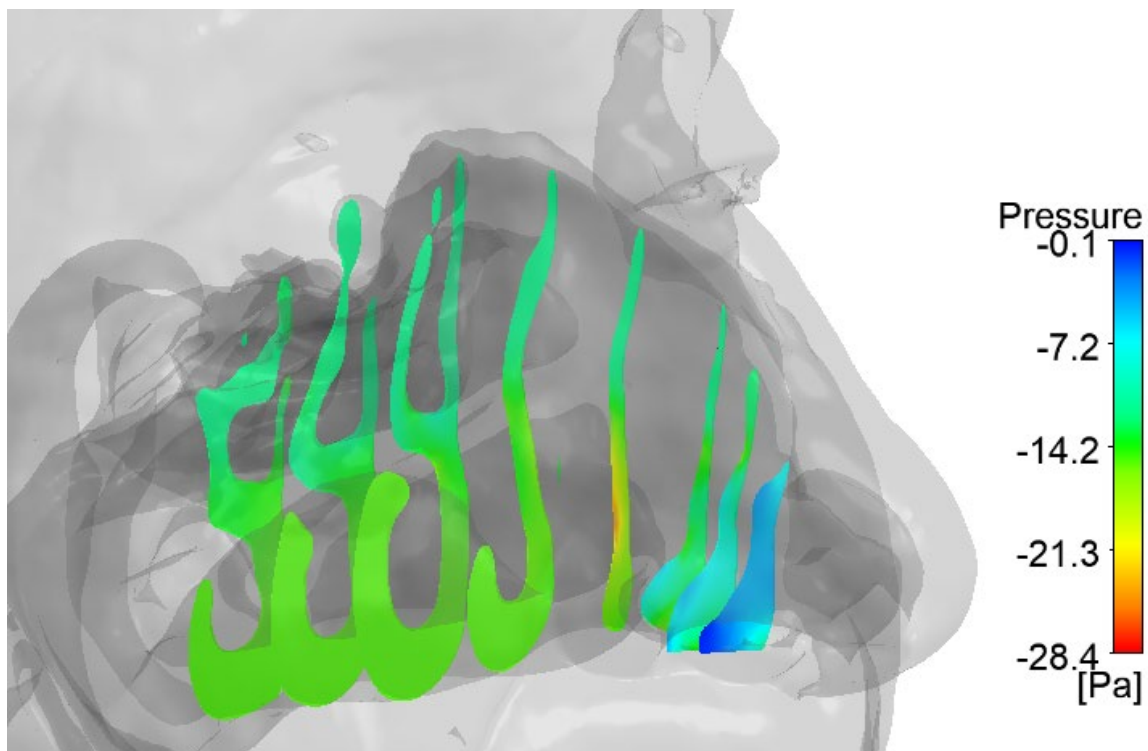
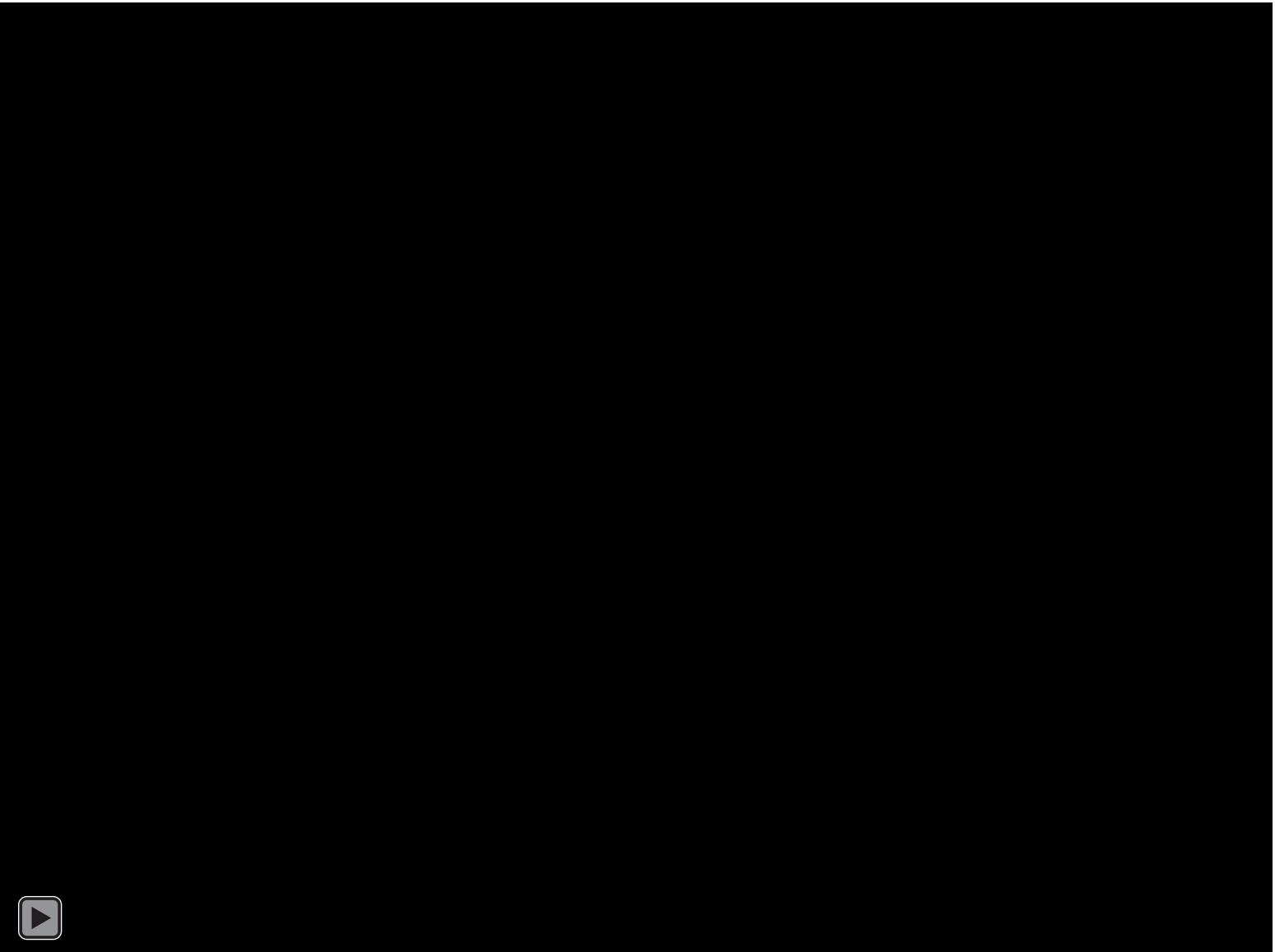


Figure 6.3.2: Pressure field (right airway)

## 6.4| Pressure Field Video





## 7.0| Temperature

### 7.1| Temperature Distribution

Temperature is highly related with other factors such as room temperature, health of nasal mucosa and more factors. For this reason, a physical examination is suggested.

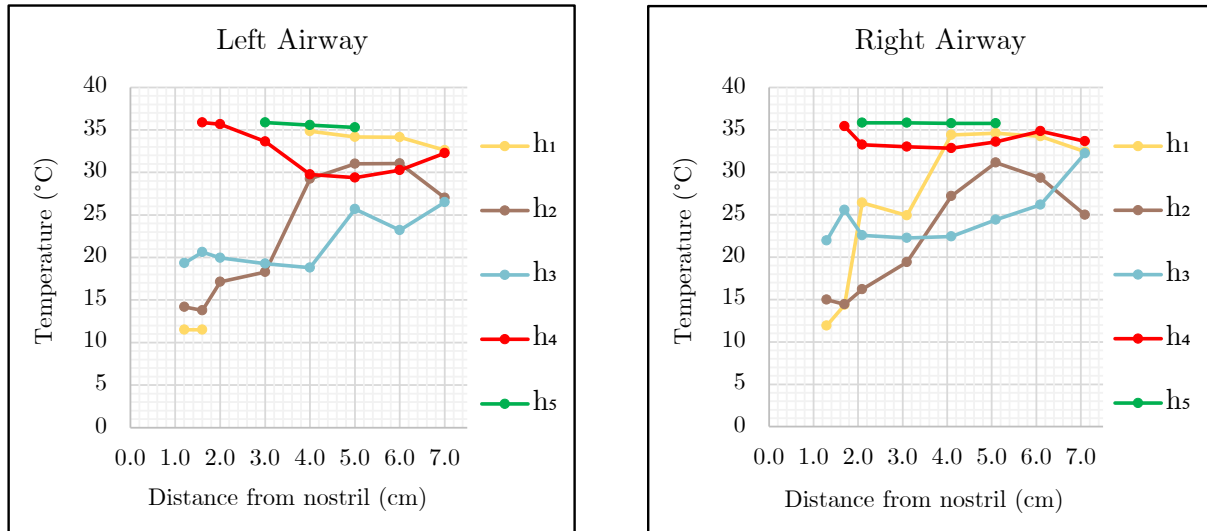


Figure 7.1.1: Temperature by partition

### 7.2| Temperature (Average)

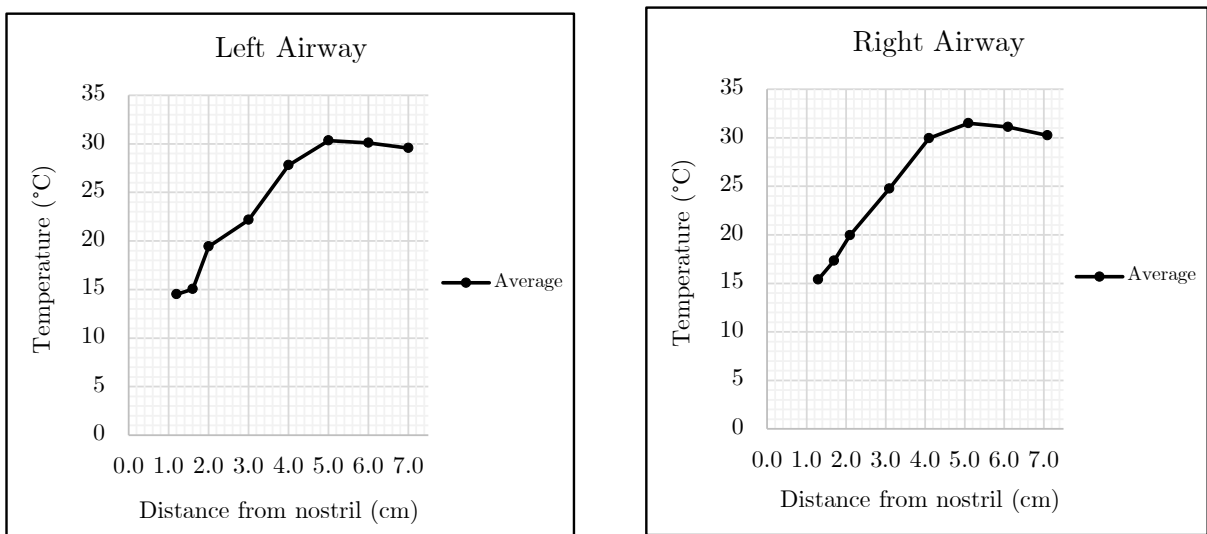


Figure 7.2.1: Average temperature of all partitions

### 7.3| Temperature Field

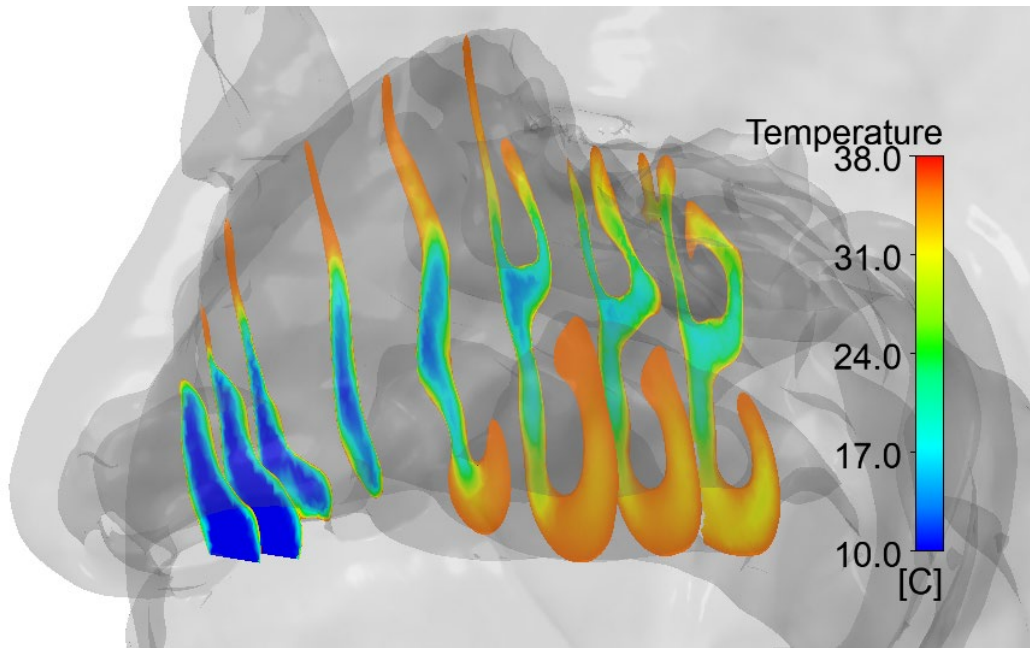


Figure 7.3.1: Temperature field (left airway)

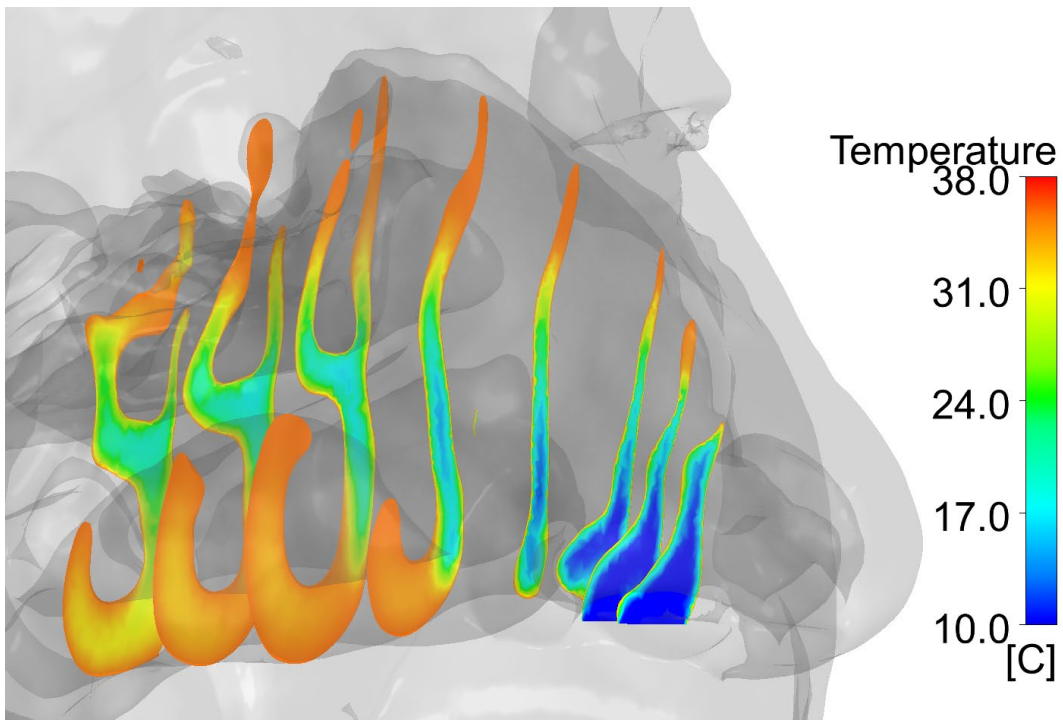
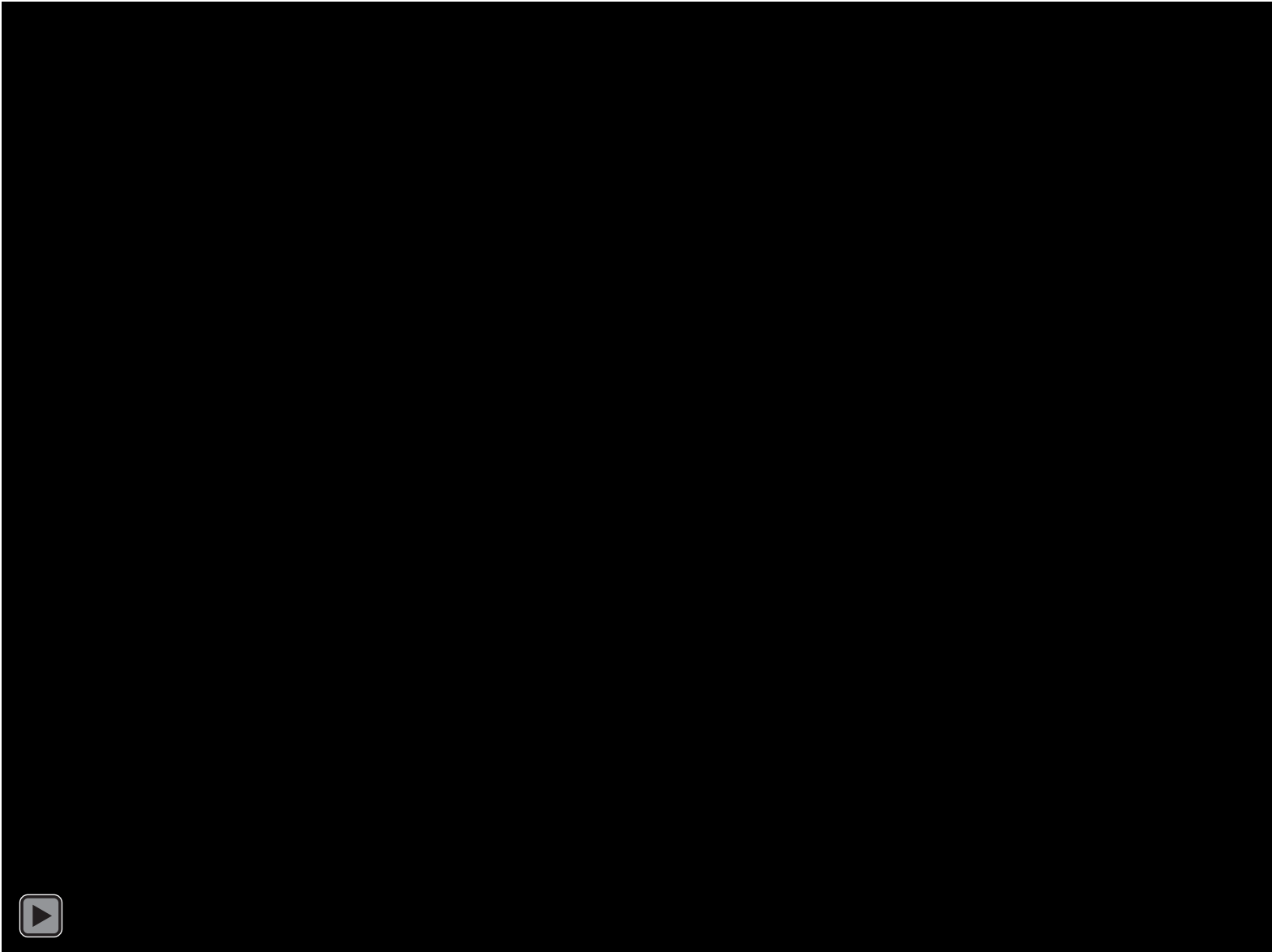


Figure 7.3.2: Temperature field (right airway)

## 7.4| Temperature Field Video



## 8.0| Humidity

### 8.1| Humidity Distribution

Humidity is highly related with other factors such as room humidity, health of nasal mucosa and more factors. For this reason, a physical examination is suggested.

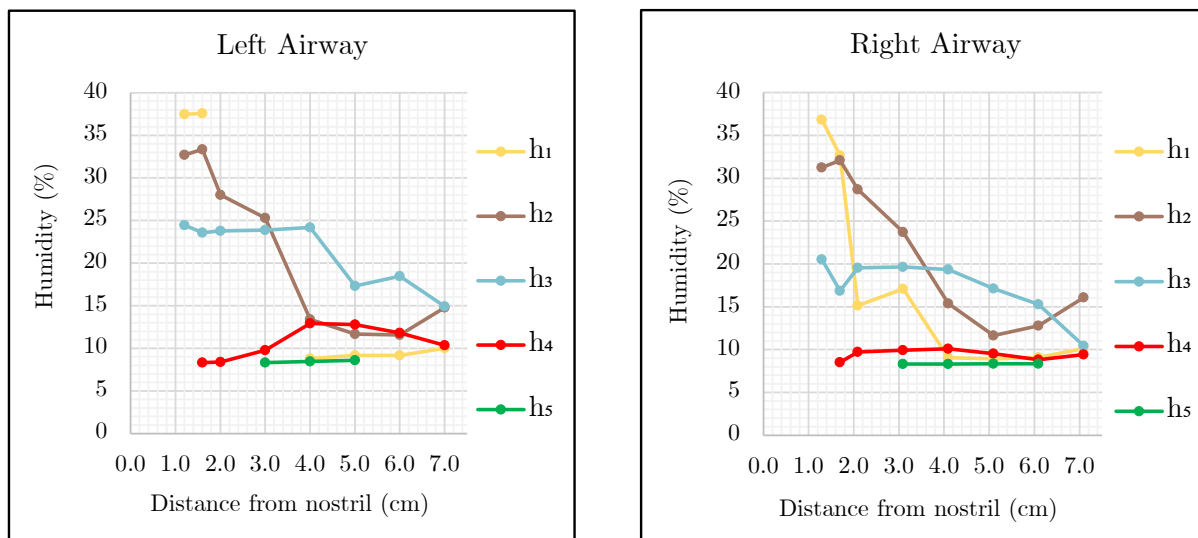


Figure 8.1.1: Humidity by partition

### 8.2| Humidity (Average)

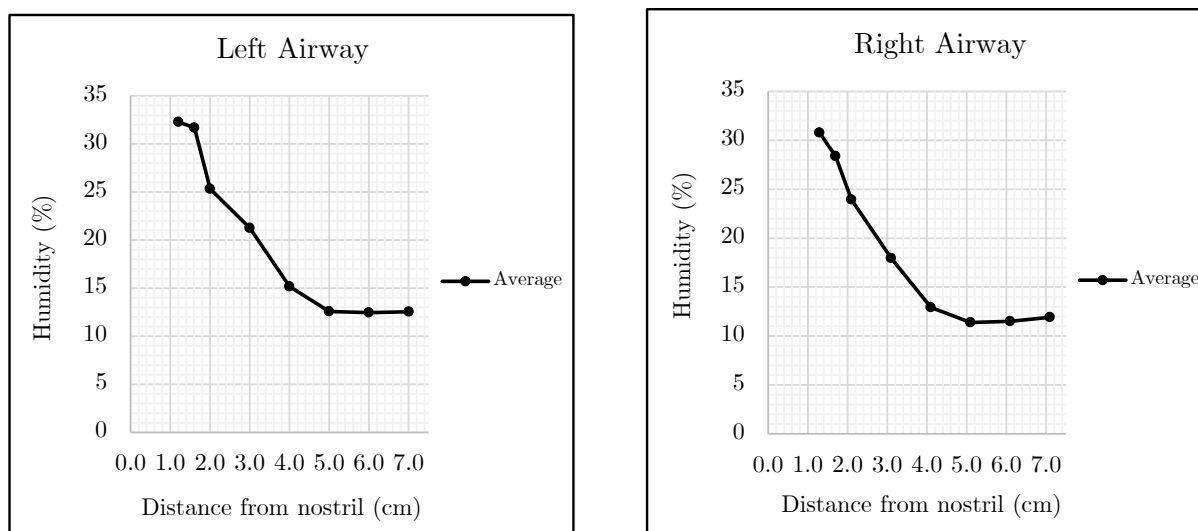


Figure 8.2.1: Average humidity of all partitions

### 8.3| Humidity Field

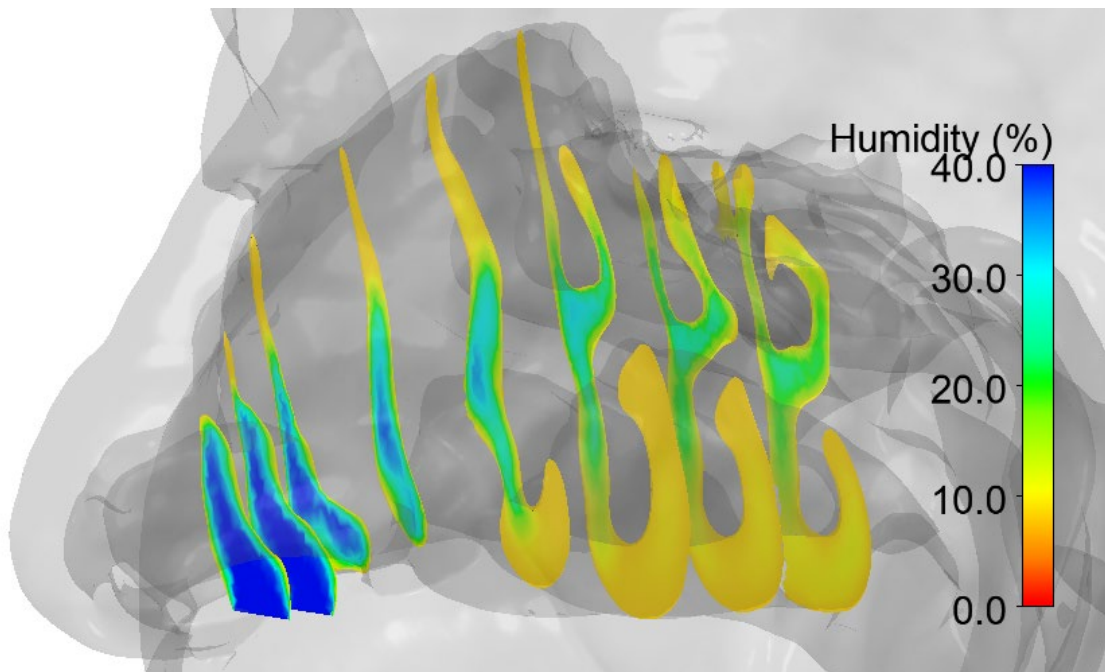


Figure 8.3.1: Humidity field (left airway)

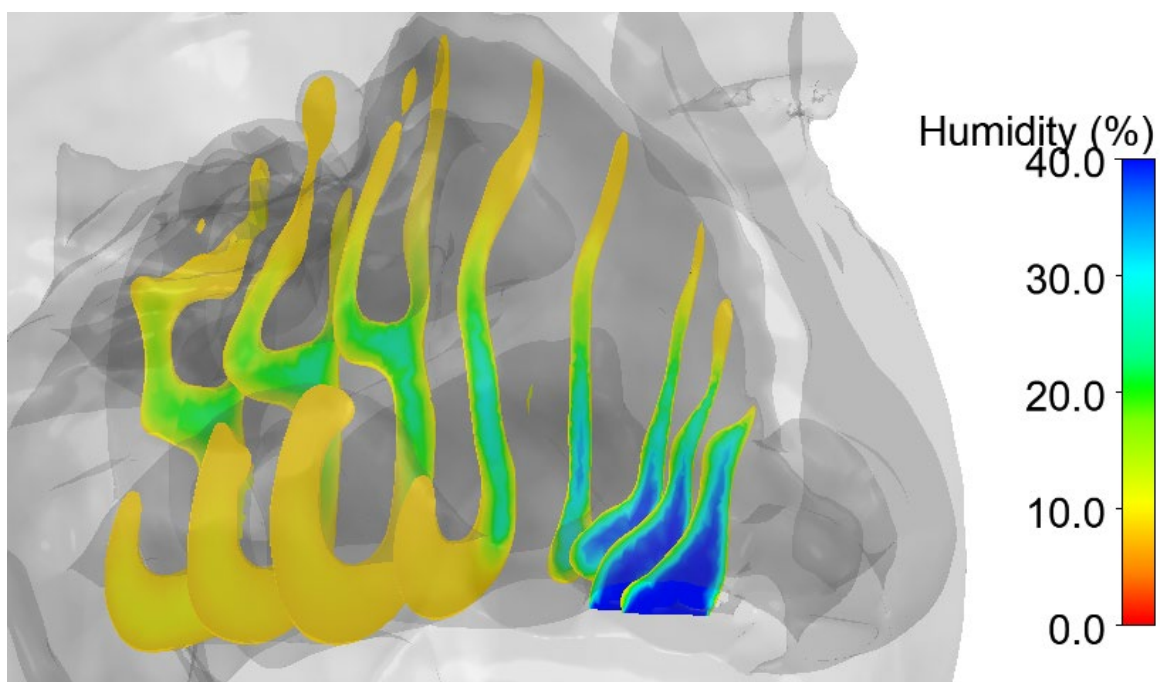
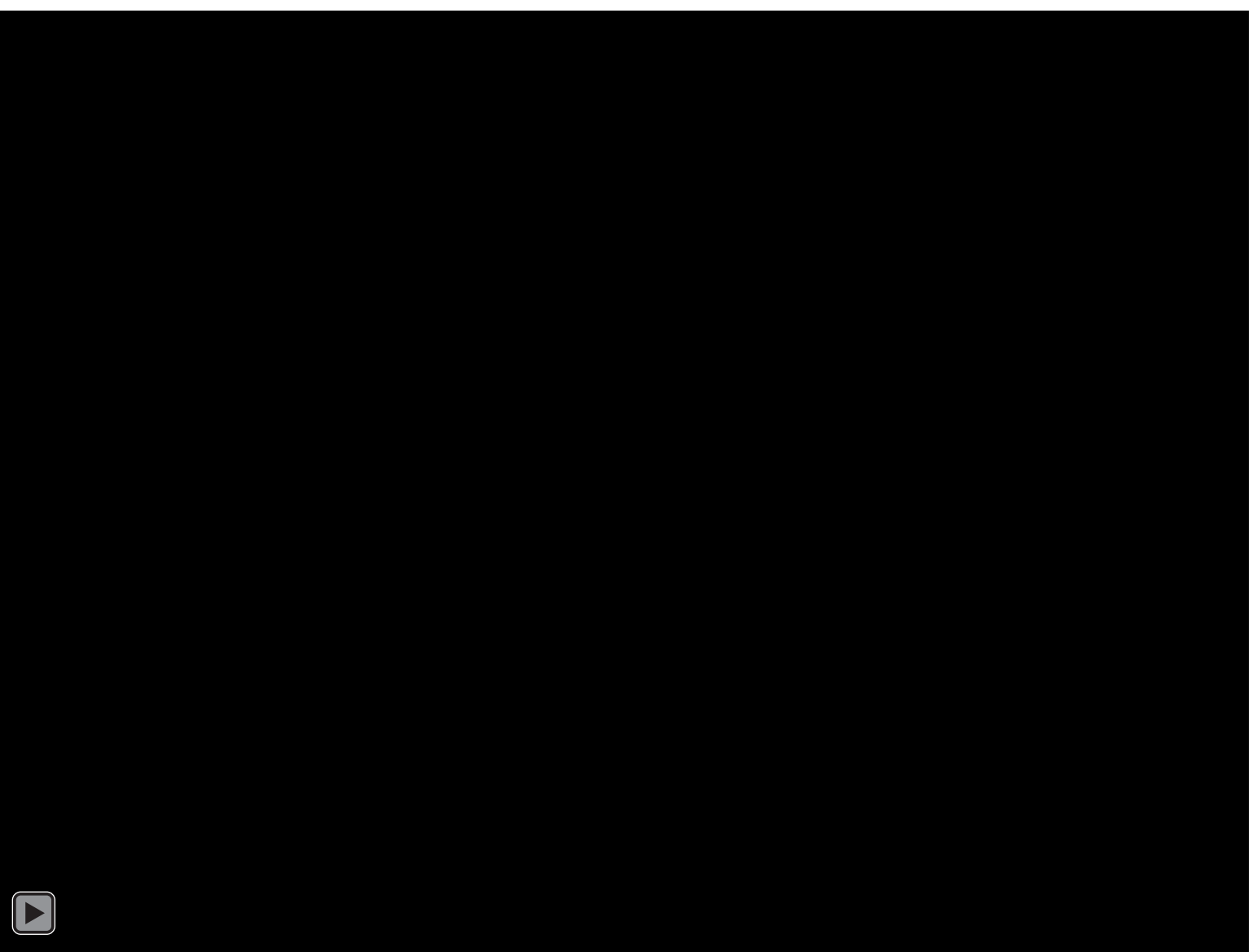


Figure 8.3.2: Humidity field (right airway)

## 8.4| Humidity Field Video



## 9.0| Shear Stress

### 9.1| Shear Stress Distribution

Shear stress is the friction at the nasal wall caused by the air as it flows. Shear stress is important for the perception of airflow. Very low shear stress may cause lack of airflow perception, however very high shear stress may be a sign of obstruction. Physical examination is suggested if values are out of normal range.

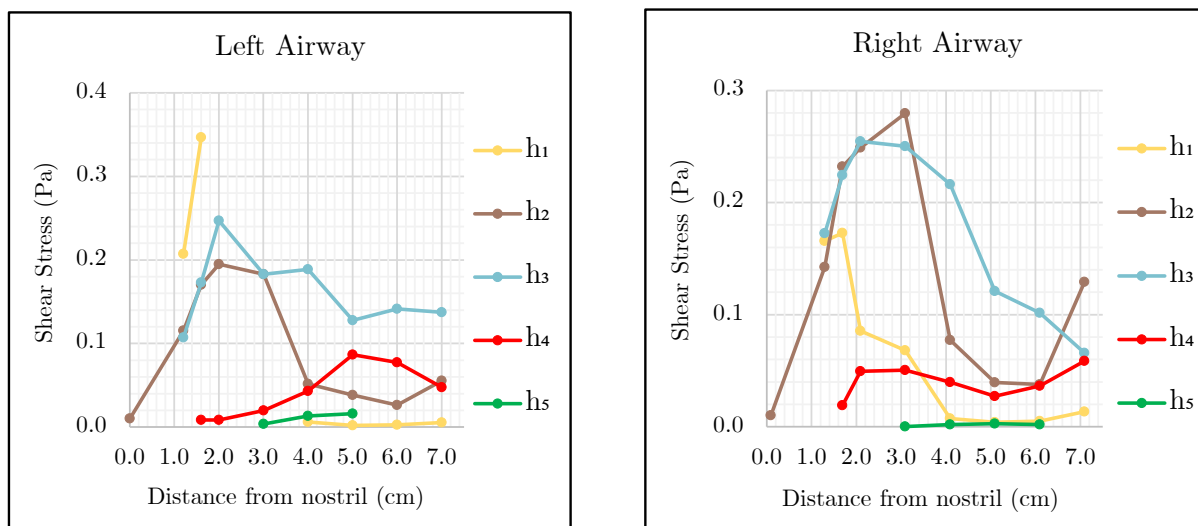


Figure 9.1.1: Shear stress by partition

### 9.2| Shear Stress (Average)

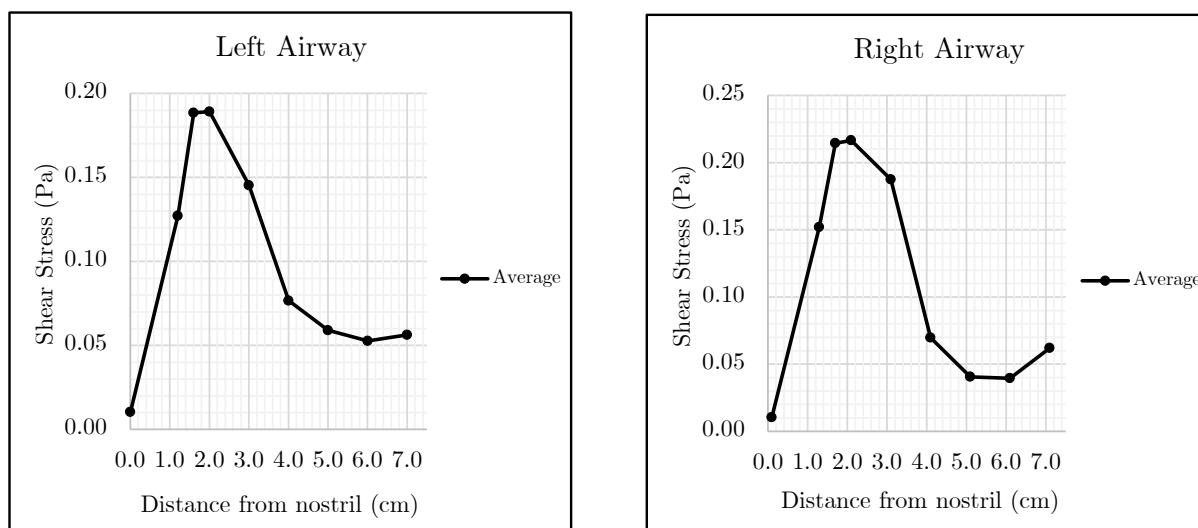


Figure 9.2.1: Average shear stress of all partitions



### 9.3| Shear Stress Field

